

Patient Information Leaflet

Category D: 33.6 Western Herbal medicine

Complementary Medicine: Discipline specific

SCHEDULING STATUS

SO

PROPRIETARY NAME AND DOSAGE FORM

ETERNA-GG soft gels

Read all of this leaflet carefully because it contains important information for you

Eterna-GG is available without a doctor's prescription. Nevertheless, you still need to use Eterna-GG carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Eterna-GG with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve

WHAT ETERNA-GG CONTAINS

COMPOSITION

Ingredient	Amount per 1 Capsule
<i>Bixa Orellana</i> (Annatto Extract) (Trans-Geranylgeraniol) [Seed]	150 mg

Inactive ingredients: bone gelatine, glycerine, purified water.

Sugar Free

WHAT ETERNA-GG IS USED FOR

The Geranylgeraniol found in Eterna-GG assists in the maintenance of good health. A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance.

BEFORE TAKING ETERNA-GG

Contraindications: **Do not use** Eterna-GG if you have any allergies or are allergic to Geranylgeraniol or any of the other ingredients found in Eterna-GG.

Paediatric Population: The safety of Eterna-GG in children under the age of 10 years is not yet established. In general, health supplements should not be intended for supply to any children under the age of seven (7) months old unless where supplementation is medically warranted.

TAKE SPECIAL CARE WITH ETERNA-GG

Pregnancy and breast-feeding: Safety of use in pregnancy and breast-feeding has not yet been established. Pregnant or breast-feeding mothers should consult a health care provider for advice before taking this medicine.

HOW TO USE ETERNA-GG

Adults and children over the age of 10 years: Take one 150mg Eterna-GG soft gel daily with food.

POSSIBLE SIDE EFFECTS

ETERNA-GG can have side effects

Not all side effects reported for this supplement are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your health care provider for advice.

STORAGE & DISPOSAL INFORMATION

Store in a dark, dry place at or below 25°C.

Store in original packaging.

STORE ALL MEDICINES OUT OF REACH OF CHILDREN.

Do not use after the expiry date stated on the bottle.

IDENTIFICATION AND DESCRIPTION OF THE MEDICINE

An oval, clear red, amber coloured soft gel. **Please note:** Color, size or shape may appear different between lots.

PRESENTATION

A white PET bottle with a grey closure and a silica gel desiccant in a pack-size of 30 soft gels.

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REGISTRATION NUMBER

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

DATE OF PUBLICATION

April 2022

ACCESS TO PROFESSIONAL INFORMATION

www.endocare.co.za